



**FOUR SEASONS HOTEL**  
*Austin*

## QUICK REFERENCE GUIDE

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*Last updated: October 9, 2008*

*For up-to-date information please view the web site or contact the hotel directly.*

98 San Jacinto Boulevard  
Austin, Texas  
U.S.A. 78701-4039  
Tel. 1 (512) 478-4500  
Fax. 1 (512) 478-3117

[www.fourseasons.com/austin](http://www.fourseasons.com/austin)

# QUICK REFERENCE GUIDE

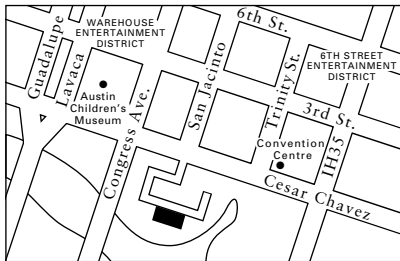


## FOUR SEASONS HOTEL *Austin*

98 San Jacinto Boulevard  
Austin, Texas 78701-4039, U.S.A.  
Telephone: 1 (512) 478-4500  
Guest Fax: 1 (512) 478-3117  
Administrative Fax: 1 (512) 477-0704

www.fourseasons.com

➔ Austin-Bergstrom International Airport:  
20 minutes (6.9 miles/11.2 km)



### PROPERTY

Four Seasons Hotel Austin is located in the heart of downtown Austin on the banks of Lady Bird Lake, surrounded by the infinite beauty of Austin's greenbelt, which lends the property a resort-like feel. The grounds are verdant and lush, with Texas live oaks, native wildflower gardens and wide lawns that sweep down to the lakeside jogging trail. Besides striking cityscape views, the Hotel offers tranquil vistas of expansive lawns and Lady Bird Lake. Elegant yet unpretentious, the comfortable lobby is enhanced by a unique lending library of works by Texas authors. The Hotel has earned multiple accolades, including the Mobil Four Star Award and the AAA Four Diamond Award, that acknowledge its legendary hospitality, flawless service and new American cuisine with regional flavors.

### TRANSPORTATION

Major domestic airlines serve the Austin-Bergstrom International Airport, only 20 minutes from the Hotel. Non-stop service is offered to destinations

throughout the USA and Mexico. Rental cars can be arranged at the airport through most major car rental firms, as well as at the Hotel through the Concierge. Limousine and taxi services are also available.

### DESTINATION

Austin is the heart and soul of Texas, where an exhilarating range of musical traditions and artistic endeavors continues to thrive. One of the few cities to have full symphony, ballet and opera companies, Austin also boasts a diverse range of live talent, from blues and jazz to folk and alternative rock. Historic landmarks dot the landscape, including the State Capitol, the University of Texas Tower, and the Governor's Mansion. Austin is also an active outdoor city. Lady Bird Lake and the surrounding area are a magnet for rowing, jogging and cycling. Some 15 public golf courses are easily accessible, and a range of sporting events, concerts and theatrical productions take place throughout the city.

The surrounding area offers a wide range of excursions and activities:

#### *Within a 10-minute walk of the Hotel*

- Austin's main street, Congress Avenue, is two short blocks from the Hotel. Acclaimed for its historic and architecturally significant buildings, the section between Cesar Chavez and 11th Street is listed on the National Register of Historic Places; it also offers a stunning view of the Texas State Capitol.
- South on Congress is a neighborhood of eclectic and trendy shops and restaurants, known as "SoCo."
- The Hotel has direct access to the Lady Bird Lake Hike and Bike Trail. Slightly over 10 miles (16.25 km) in length, the trail loops around Lady Bird Lake and is a popular spot for joggers, walkers and cyclists. To enhance guests' enjoyment of the trail, use of bicycles and strollers may be arranged through the Hotel's fitness center.

- From March to November, the Hotel offers great viewing for one of Austin's most remarkable sights – the nightly flight of North America's largest colony of Mexican free-tailed bats from under the Congress Avenue Bridge.
- Austin's Sixth Street District is another National Register district, and at the heart of the city's reputation as the Live Music Capital of the World. Victorian-era buildings house some of Austin's most renowned nightspots and cafés, from jazz joints and rock and roll hangouts to dance clubs and bars, offering a unique blend of urban cultures. On weekends, Sixth Street closes to automobile traffic and takes on a festive ambience as crowds gather to enjoy the nightlife, street performers and live entertainment.
- West of Congress Avenue, along 4th and 5th Streets, the Warehouse District attracts Austin's hip young professional crowd, with its chic restaurants, live music and cool drinks.

#### *Within a 10-minute drive of the Hotel*

- The main campus of the University of Texas occupies 350 acres (142 hectares) in central Austin and offers year-round athletic and cultural events. Its world-class libraries, research facilities and museums include the Ransom Center, which holds one of only five complete copies of the Gutenberg Bible in the United States; the Lyndon Baines Johnson Library and Museum, one of 13 presidential libraries in the nation; and Blanton Museum of Art, which showcases a varied collection of artworks.
- The Bob Bullock Texas State History Museum and IMAX Theater capture the history and tradition of the Lone Star State through state-of-the-art interactive experiences and multimedia presentations, as well as some of the state's finest original artifacts.

- The State Capitol Building offers free guided tours of the rotunda and its other attractions. Built in 1888 of native pink granite and other Texas materials, the stately Texas Capitol stands 311 feet (almost 95 meters) high, 14 feet (4 meters) higher than the nation’s Capitol.
- Zilker Park, a 351-acre (142-hectare) metropolitan park west of the Hotel, is home to botanical gardens, a hillside theater, a disc golf course, an imaginative playscape, the Zilker Zephyr (a train for all ages) and the Umlauf Sculpture Garden – excellent as an off-site catering option. The “coolest place in Austin” may well be Barton Springs Pool, a spring-fed swimming pool that remains at a constant 68° (20°C) year round.
- Barton Creek Square has more than 180 specialty retailers, and is anchored by Dillard’s, Macy’s, JC Penney, Nordstrom and Sears. The shopping center is also home to the AMC Phipps Plaza 14 movie theatre.

*Within a 20-minute drive of the Hotel*

- The Domain is one of the area’s premier shopping centers for luxury fashions and restaurants. Retailers include Barneys, Tiffany & Co., Macy’s and the city’s first Neiman Marcus. Restaurants include Joe DiMaggio’s Italian Chophouse, McCormick & Schmick’s and Jasper’s.

*Within a 30-minute drive of the Hotel*

- The former First Lady’s love of wildflowers and tireless work on behalf of the environment led to the creation of the Lady Bird Johnson Wildflower Center, a botanical garden with more than 400 species of native Texas plants.
- Mount Bonnell is one of Austin’s oldest attractions and the city’s highest perch at 785 feet (240 m). A natural limestone formation, it overlooks Lake Austin and Westlake Hills, and abounds in stories of romance and mystery.
- Lake Austin offers outstanding water sports and Oyster Landing, a small strip of popular restaurants and shops.

- In north Austin, Round Rock Premium Outlets offers 125 outlets, ranging from Banana Republic to Tommy Hilfiger.

*Within a 45-minute drive of the Hotel*

- Midway between Austin and San Antonio, Prime Outlets San Marcos is modeled after the Piazza San Marco in Venice, Italy. It encompasses more than 130 luxury and brand names, including Neiman Marcus Last Call, Giorgio Armani, Polo Ralph Lauren and Saks Fifth Avenue.
- Adjacent to Prime Outlets San Marcos, Tanger Outlets features more than one hundred outlets, including Liz Claiborne, Eddie Bauer and Calvin Klein.

*Within a 60-minute drive of the Hotel*

- Lake Travis, with its crystal clear water, is popular with water-sports enthusiasts for swimming, sailing, windsurfing, diving and boating.
- The Lyndon B. Johnson National Historic Park, west of Austin in Johnson City, traces the influences and impact of the 36th president in a unique and encompassing way. Family lands adjoin the property, and tours of the “Texas White House,” where the President and Mrs. Johnson entertained when not in Washington, are available.
- The Austin Zoo is a private animal sanctuary populated with lemurs, monkeys, cougars and black bears, as well as many traditional farm animals. The hands-on experience with animals that it offers is especially popular with young children.
- Underground tours of the Inner Space Caverns reveal an amazing collection of stalagmites and stalactites, as well as the remains of animals from the Ice Age.

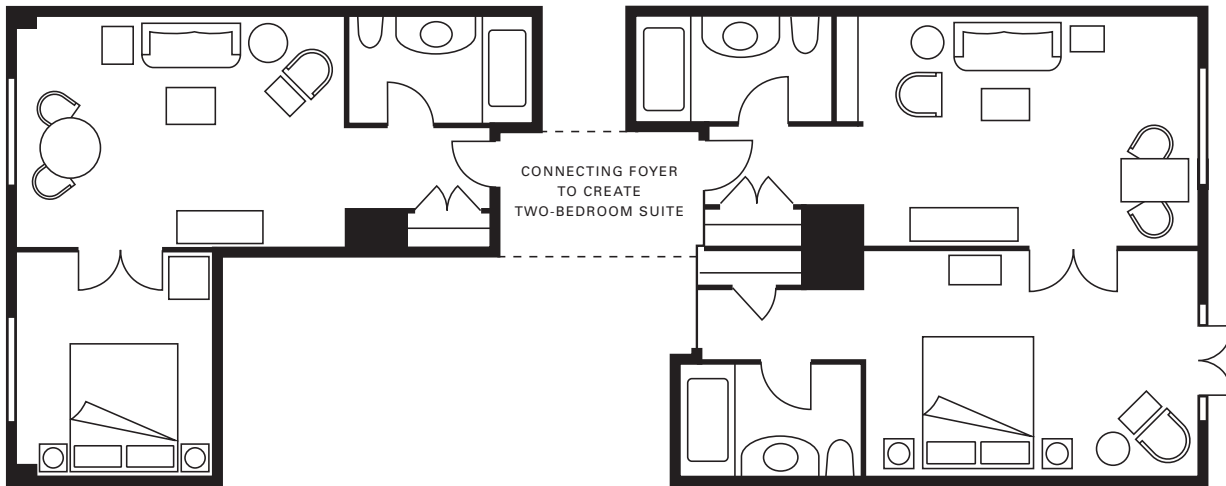
*Within a 90-minute drive of the Hotel*

- San Antonio’s many attractions include Spanish colonial missions, the historic Alamo and the meandering River Walk. A stop along the way at one of the factory outlet malls in San Marcos or New Braunfels provides a modern-day diversion.

- The George Bush Presidential Library and Museum, located on the campus of Texas A&M University in nearby College Station, looks at the unique influences and challenges that shaped George H. W. Bush’s life, from childhood to his years as President of the United States.
- The rolling hills of Texas’ famous Hill Country offer a delightful day’s drive, and are home to roughly half of Texas’ wineries. Many are within easy reach of Austin, and are open for tours and tastings – from the organic wines at Texas Hills Vineyard to the family-owned Fredericksburg Winery.
- One of the most popular destinations in the Hill Country is the historic German town of Fredericksburg, with its picturesque main street lined with antique shops, specialty stores and cafés. Also in town, the National Museum of the Pacific War pays tribute to the Pacific Theater battles during the Second World War, while on Fredericksburg’s outskirts, Enchanted Rock is a soaring dome of granite that has become a favorite spot for hiking and rock-climbing.

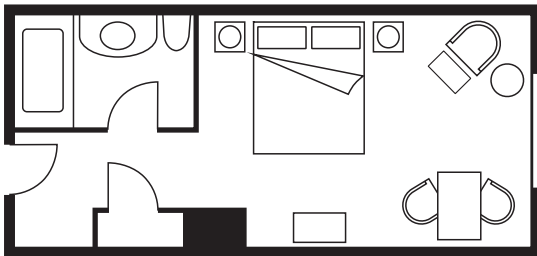
CLIMATE

Month	Highs		Lows	
January	60°F	16°C	40°F	4°C
February	64	18	43	6
March	72	22	51	11
April	79	26	60	15
May	85	29	67	19
June	91	33	72	22
July	95	35	74	23
August	95	35	74	23
September	89	32	69	21
October	81	27	59	15
November	70	21	49	9
December	63	17	42	6



FOUR SEASONS EXECUTIVE SUITE

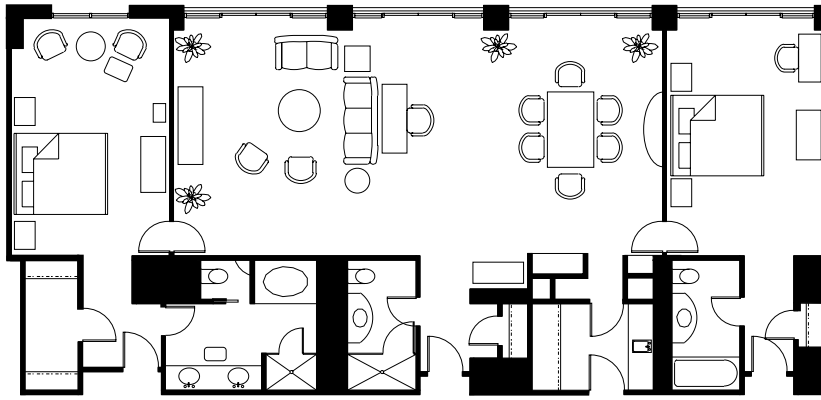
ONE-BEDROOM SUITE



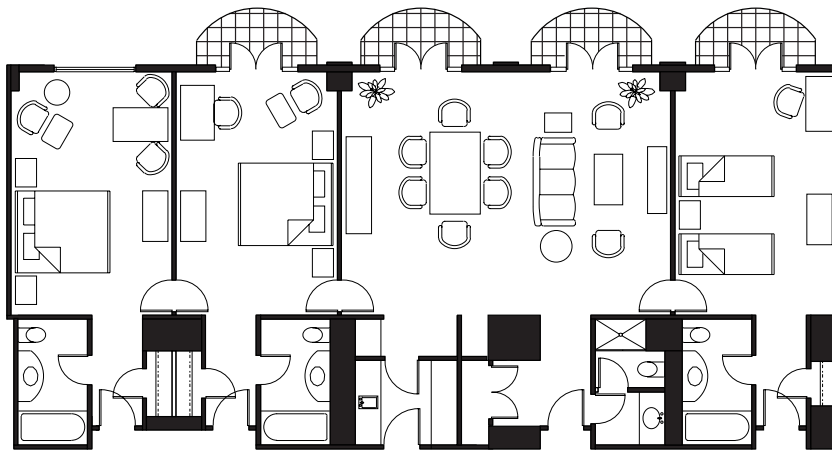
CITY VIEW/LAKE VIEW/LAKE VIEW WITH BALCONY

**Guest Room Inventory**

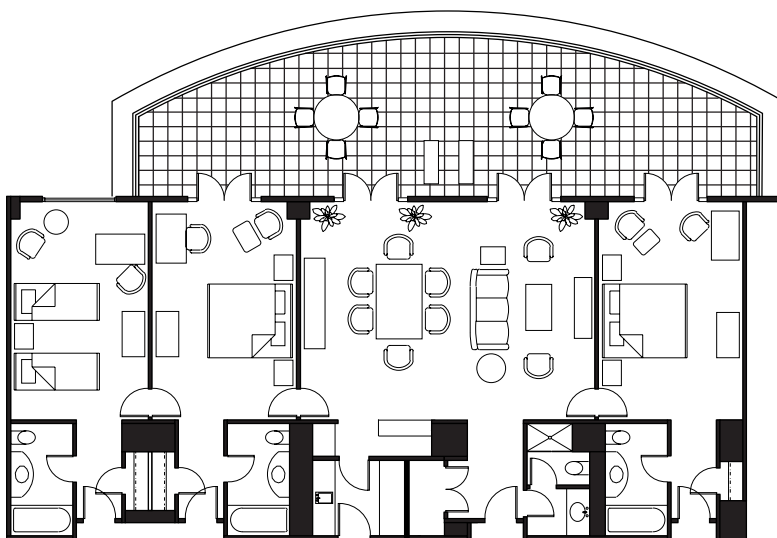
Room Category	Number	Size		Special Features
		(sq. ft.)	(m <sup>2</sup> )	
City View Rooms, with king bed	95	345	32	View of Austin cityscape
City View Rooms, with two full beds	12	345	32	View of Austin cityscape
City View Balcony Rooms, with king bed	10	345	32	View of Austin cityscape, step-out balcony
Lake View Rooms, with king bed	110	345	32	View of Lady Bird Lake
Lake View Rooms, with two full beds	7	345	32	View of Lady Bird Lake
Lake View Balcony Rooms, with king bed	29	345	32	View of Lady Bird Lake, step-out balcony
City View Four Seasons Executive Suites	16	512	48	Overlooks Austin cityscape, with king bed and separate living area with a second plasma TV, sleeper sofa and side chairs
Lake View One-Bedroom Suites	9	668	62	Overlooks Lady Bird Lake, with a king bed and separate living area similar to City View Suites – may be combined with Executive Suite to create a two-bedroom suite
Congressional Suite	1	1,470	137	A two-bedroom suite with large wraparound terrace overlooking Lady Bird Lake; dining for six; may be connected to an additional room with two full beds to create a three-bedroom suite
Governor’s Suite	1	1,470	137	Overlooks Lady Bird Lake, with step-out balconies and dining for six; available with one, two or three bedrooms
Presidential Suite	1	1,598	148	Luxurious top-floor suite with floor-to-ceiling windows that open to catch breezes from Lady Bird Lake; dining for six, large master bathroom with separate shower and jetted tub; available as a two-bedroom suite
<b>Total</b>	<b>291</b>			



PRESIDENTIAL SUITE



GOVERNOR'S SUITE



CONGRESSIONAL SUITE

#### GUEST ROOMS AND SUITES

The Hotel's 291 casually elegant guest rooms, including 28 suites, offer exceptional views of Lady Bird Lake or the Austin cityscape. Spacious and airy, their welcoming décor features warm, soft colors accented by classic furnishings. Guest accommodations provide a king bed or two full beds, an armchair with an ottoman, a business desk and a variety of practical and convenient amenities. State-of-the-art technology allows guests to remain productive, with high-speed wireless Internet access, direct dial, multi-line telephones and connections for a fax machine.

#### *City View Rooms and Lake View Rooms*

Located throughout the Hotel, City View Rooms and Lake View Rooms measure 345 sq. ft. (32 m<sup>2</sup>) and offer views of the Austin skyline or across Lady Bird Lake, respectively. These spacious rooms feature well-defined areas for work or relaxing and a luxurious full bathroom.

#### *Lake View with Balcony Rooms*

Similar in size and layout to the Lake View Rooms, these rooms offer a step-out balcony on which guests may enjoy fresh Texas breezes and views of the lawn and Lady Bird Lake. The Lake View with Balcony Rooms are located on the 3rd to 7th floors.

#### *Four Seasons Executive Suites*

These luxuriously decorated suites feature double doors to separate the bedroom from the living and workspace. The Four Seasons Executive Suites measure a generous 512 sq. ft. (48 m<sup>2</sup>) and overlook the Austin cityscape. The living room comfortably seats six people and includes a sofa and end table, a writing desk and a credenza with a television. The bedroom's furnishings include a king bed, a small dresser and a 32" (81-cm) flat screen television.

#### *Riverview One-Bedroom Suites*

Located on floors 3 to 9, these spacious suites measure an expansive 668 sq. ft. (62 m<sup>2</sup>). The luxuriously decorated bedroom, which features a four-poster king, is separated from the living area by double doors. All have views of the lush lawns and Lady Bird Lake, and

two full bathrooms. Some suites feature a private step-out balcony. These can be combined with a Four Seasons Executive Suite into a 1,180-sq.-ft. (110-m<sup>2</sup>) Riverview Two-Bedroom Suite.

#### *Congressional Suite*

With three bedrooms and a spacious living room, the second-floor Congressional Suite features a wrap-around terrace overlooking the lawn and Lady Bird Lake. Measuring 1,828 sq. ft. (170 m<sup>2</sup>), the suite is ideal for business meetings or small receptions. The large dining table seats up to six. There is a complete entertainment unit, a wet bar, a pantry and a guest powder room. Two of the bedrooms have king beds and – along with the living room – entrances to the shared terrace; the third bedroom has two full beds.

#### *Governor's Suite*

The seventh-floor Governor's Suite is the only one in the Hotel to feature individual step-out balconies from the sumptuously furnished living area and from two of the three connecting bedrooms. Measuring from 1,112 sq. ft. (103 m<sup>2</sup>) to 1,828 sq. ft. (170 m<sup>2</sup>), it is available as a one- to three-bedroom suite. The living room is perfect for relaxing and entertaining, with a dining table for six, a walk-around wet bar and a guest powder room. Each bedroom has a full bathroom and private entrance. Two connecting bedrooms are furnished with king beds; the third has two full beds.

#### *Presidential Suite*

On the Hotel's 9th floor, the 1,598-sq.-ft. (148-m<sup>2</sup>) Presidential Suite enjoys a panoramic vista of Lady Bird Lake through sliding glass doors that open onto balconies from both the living room and the master bedroom. Elegantly decorated with custom leather furnishings, it is perfect for informal business meetings or dinners for up to six. The living room includes a walk-around wet bar, a small pantry, an adjoining guest

powder room, a 42" (107-cm) plasma screen television and a state-of-the-art stereo system. The master bedroom features a lake view and offers a king bed, and a bathroom with a jetted bathtub and glass-enclosed shower.

#### IN-ROOM/SUITE AMENITIES

- 100% cotton oversized fluffy bath towels
- Thick terry towel bathrobes
- Down duvets
- Down pillows
- Hypo-allergenic pillows on request
- 100% cotton sheets
- Complimentary toiletries
- Illuminated make-up mirror
- Hair dryer
- Iron and ironing board
- Refrigerated private bar
- In-room safe
- 32-inch (81-cm) flat screen televisions
- CD/DVD player
- iHome alarm clock with iPod docking station
- Multi-line telephone(s) with voice mail
- Fax machine on request
- Wired or wireless high-speed Internet access
- All-news cable network

#### GUEST SERVICES AND FACILITIES

- 24-hour multilingual concierge service
- 24-hour In-Room Dining
- Complimentary overnight shoeshine
- Complimentary newspaper with breakfast
- One-hour pressing
- 24-hour laundry and dry-cleaning service
- Twice-daily housekeeping service
- Valet parking
- Wheelchair-accessible rooms
- Babysitting services available
- Non-smoking rooms

#### WELCOME AMENITIES AND VIP GIFTS

Special arrangements can be made for clients to purchase welcome amenities for their VIP guests.

#### FOOD & BEVERAGE/CATERING

Four Seasons Hotel Austin is acclaimed for incorporating American, Southwestern and Continental cuisines, prepared to unparalleled standards from fresh local ingredients. Innovative menus are served flawlessly in the Hotel's restaurants and through In-Room Dining (available 24 hours a day), as well as at banquets and special events. To make the most of the Hotel's superb location, guests may have a picnic basket prepared and delivered to the spot of their choice on the lawn overlooking Lady Bird Lake.

#### RESTAURANTS

##### *TRIO*

A marked departure from traditional hotel restaurants, TRIO combines stunning lake views, impeccable service and a warm contemporary décor. The menu is anchored by the classics – prime steaks, fresh seafood and fine wines – with a heavy emphasis on local and seasonal ingredients to ensure the freshest, most flavorful dishes. An extensive wine list offers more than 300 bottles and 45 wines by the glass. In the heart of TRIO, separated by opaque glass panels, an exclusive dining room offers privacy for up to 16 people. The outside terrace offers a casual ambiance and lovely views of Lady Bird Lake. Seats 127 indoors and 66 outdoors.

##### *The Lobby Lounge*

With sophisticated décor and dramatic views over the lawn and Lady Bird Lake, this is one of Austin's most lively gathering spots – as popular with politicians and locals as it is with Hotel guests. Creative cocktails, a wide selection of wines by the glass, and light fare are served, and an elegant afternoon tea is offered daily. Live music from Monday to Saturday adds to the relaxing yet intimate ambiance. Seats 110 indoors.

##### *The Pool*

Guests can enjoy drinks poolside year round. During the season, casual fare and drinks are served until sunset.

### Food and Beverage Hours of Operation

#### TRIO

##### Breakfast

(Mon – Fri) 6:30 am – 11:00 am

(Sat) 7:00 am – 11:00 am

(Sun) 7:00 am – 9:00 am

##### Brunch

(Sun) 10:00 am – 2:00 pm

##### Lunch

(Mon – Sat) 11:00 am – 2:00 pm

##### Light fare

(Sat – Sun) 2:00 pm – 6:00 pm

##### Dinner

(Sun – Thu) 6:00 pm – 10:00 pm

(Fri – Sat) 6:00 pm – 11:00 pm

#### The Lobby Lounge

##### Breakfast

(Sun) 9:30 am – noon

##### Light fare

(Mon – Thu) 10:00 am – 1:00 am

(Fri – Sat) 10:00 am – 2:00 am

(Sun) 1:00 pm – midnight

##### Afternoon Tea\*

(Mon – Sun) 1:30 pm – 3:30 pm

##### Cocktails

(Sun) with food 9:30 am – midnight

(Sun) drinks only noon – midnight

(Mon – Thurs) 10:00 am – 1:00 am

(Fri – Sat) 10:00 am – 2:00 am

#### The Pool (seasonal)

##### Light Fare

Daily 11:00 am – sunset

#### In-Room Dining 24 hours a day

\*Reservations required 24 hours in advance.

#### CONFERENCE AND BANQUET FACILITIES

Four Seasons Hotel Austin offers a distinguished and tranquil setting for a spectrum of events, and is widely recognized for its outstanding conference and banquet facilities. Over 15,000 sq. ft. (1,393 m<sup>2</sup>) of meeting and function space is available, including the Four Seasons Ballroom and the San Jacinto Ballroom.

Six boardrooms – located on the fourth through ninth floors of the Hotel – offer comfortable, naturally lit venues for smaller gatherings. These rooms feature a separate pantry, telephone room and private bathroom, and accommodate up to 20 people.

The Hotel's spectacular lakeside setting offers unrivaled opportunities for outdoor receptions or functions. Venues include the pool area, the terrace overlooking the pool, or the Lady Bird Lake lawn.

#### SPECIAL CATERING SERVICES

Led by a team of conference planning and catering managers, professional full-service catering staff will handle all your special needs, for groups of up to 550.

With many locations to choose from, off-site catering and theme parties are also available in and around Austin. Popular venues include the Lady Bird Johnson Wildflower Center, exclusive mansions, Hill Country ranches and Austin's renowned parks and gardens.

#### TECHNICAL ASSISTANCE

All meeting spaces in the Hotel are fully equipped to support the most demanding presentation and communication requirements, with advanced lighting, AV and stage capabilities, telecommunications and electrical hook-ups, including:

- Lecterns with light control
- On-site professional audiovisual support
- Overhead, LCD and slide projectors
- ISDN lines
- Multi-image dissolve units and programmers
- Built-in screens and drape kits
- Video cameras, video projectors, DVD, CD and video players
- Microphones, mixers, amplifiers
- Stands, carts, easels, flip-charts, laser pointer, speaker timer
- Personal computers and peripherals
- Teleconferencing and conference speaker phones

#### Electrical Outlets

Telecommunications and electrical hook-ups are designed to meet or exceed industry standards.

#### MUSIC AND ENTERTAINMENT

Our Conference Service Manager can arrange professional musicians or other entertainers to complement your function or event.

#### RECEIVING/MAINTENANCE

##### Receiving

The Hotel features a full-service shipping and receiving office. All packages should be sent to the attention of your Conference Service Manager. They will be stored in a separate conference storage area. Limited space is available for the storage of large items.

##### Maintenance

The Engineering Department is available 24 hours a day for general assistance with lighting, room temperature control and minor repairs.

#### SPOUSE PROGRAMS

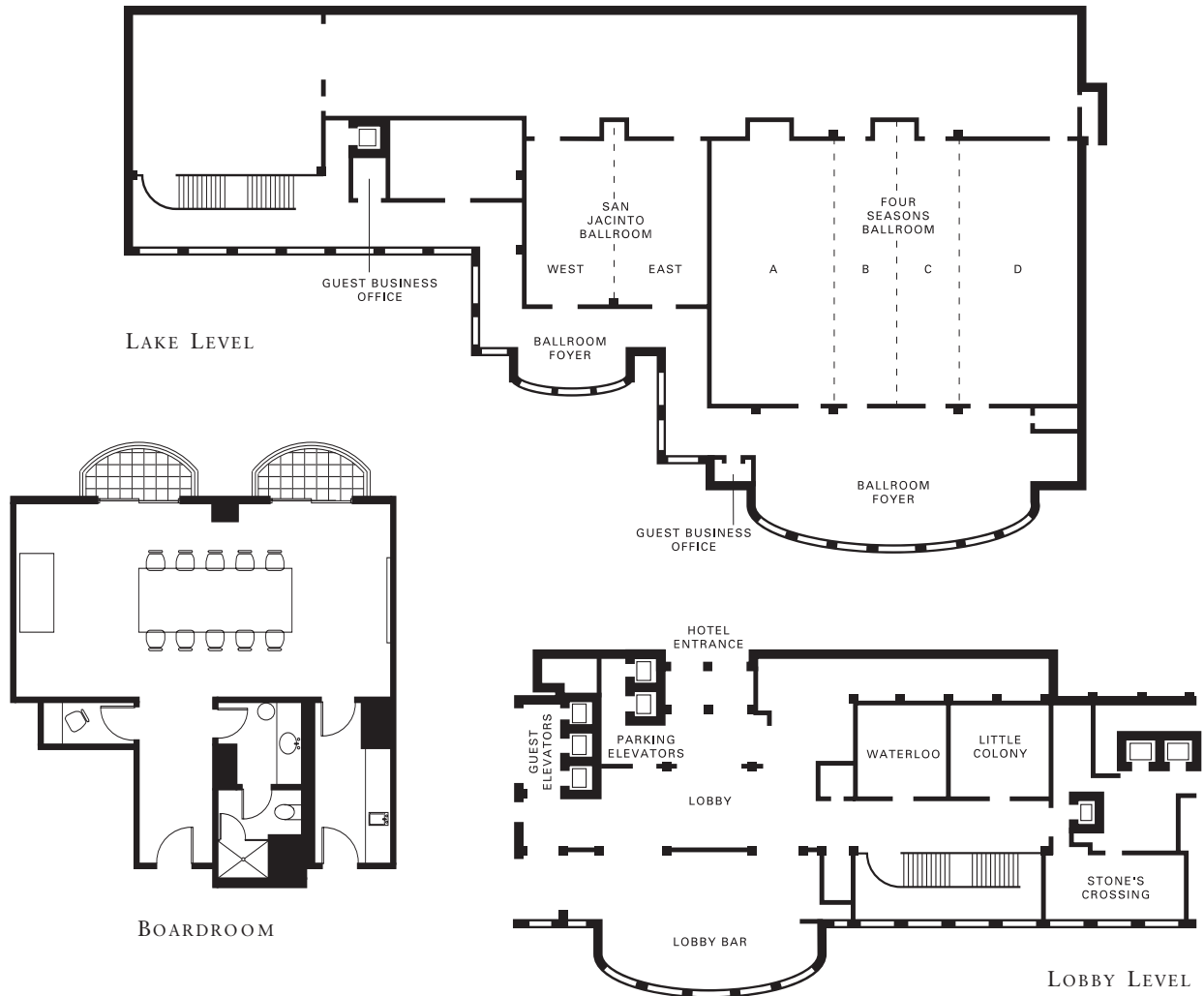
Four Seasons Hotel Austin offers a variety of activities that will interest the spouses of meeting participants. The Concierge will provide detailed information on specially tailored programs.

- Spa packages
- City highlights tour
- Hill Country winery tour
- LBJ Ranch tour
- Cooking class/demonstration with a Four Seasons chef
- Shopping excursions
- LBJ Presidential Library tour

#### CHILDREN'S AND FAMILY PROGRAMS

Four Seasons Hotel Austin extends an especially warm welcome to its young guests, beginning with a special gift upon arrival.

Complimentary items and services include bottles and toiletries for infants, kid-sized terry bathrobes, movies and video game units, board games, coloring books, playpens, thermometers and jogging strollers. Children's menus are available in restaurants and through In-Room Dining, and babysitting services may be arranged through the Concierge. There are many exciting places nearby for the whole family to enjoy. Possibilities include the State Capitol, Barton Springs, Zilker Park and Botanical Gardens and Austin Children's Museum. For a memorable day trip, Historic San Antonio offers the Alamo, the Riverwalk, Six Flags Fiesta Texas and Sea World.



Rooms	Dimensions (ft.)	Size		Ht. (ft.)	CAPACITIES						
		(sq. ft.)	(m <sup>2</sup> )		Recep- tion	Banquet	Theater	Class- room	Confer- ence	Hollow Square	U- Shape
Four Seasons Ballroom	71 x 99	7,029	653	14-16	1,000	550	800	450	-	-	-
Divisible in 2	49 x 71	3,479	323	14-16	500	270	400	220	-	-	-
Divisible in 3	33 x 71	2,343	218	14-16	300	180	250	130	-	78	65
Foyer	34 x 75	2,550	237	13	300	-	-	-	-	-	-
San Jacinto Ballroom	44 x 50	2,200	204	12-15	300	180	225	125	55	62	50
Divisible in 2	25 x 44	1,100	102	12-15	150	80	105	60	36	36	35
Foyer	26 x 39	1,014	94	12	100	-	-	-	-	-	-
Waterloo	25 x 26	650	60	12	60	50	55	35	20	30	25
Little Colony	25 x 26	650	60	12	60	50	55	35	20	30	25
Stone's Crossing	17 x 40	680	63	12	70	50	60	40	24	36	25
Boardrooms (6)	16 x 29	464	43	9	30	30	24	20	20	-	14

1 ft. = 0.3048 m  
1 sq. ft. = 0.0929 m<sup>2</sup>

**BUSINESS SERVICES**

From computers and printers to high-speed Internet access and photocopying and faxing facilities, the Hotel's 24-hour business services meet the needs of busy global travelers. Airline reservations can also be arranged. Other business services offered by the Hotel include:

- 24-hour multilingual concierge services
- Complimentary newspaper with breakfast
- All-news cable network
- Direct dial, dual-line telephone in every guest room, with voice mail, speaker and data port
- Pagers
- Wireless high-speed e-mail and Internet access in every guest room and suite

**RECREATIONAL FACILITIES****On-Site****The Spa**

Reflecting the beauty of its lakeside setting, the Spa's restful ambience is accentuated by soothing colors, natural materials such as slate and wood, native wildflower scents and the sounds of trickling water. The 5,500-sq.-ft. (511-m<sup>2</sup>) Spa offers a wellness experience unparalleled in the Texas Hill Country,

with eight treatment rooms, a relaxation lounge, a nail salon and eucalyptus-infused steam rooms. Traditional Texas ingredients are used in many of the re-energizing treatments to impart an even greater sense of place.

**Fitness Center**

The Hotel's state-of-the-art fitness center is open daily from 5:45 am to 10:00 pm, and certified personal trainers can be arranged to help guests get the most out of their workout. Complimentary fruit and newspapers are available to guests in the fitness center, and complimentary coffee is available until 10:00 am.

Individual televisions, towels and personal-care amenities are provided, and workout clothing is available on request. Bicycle rentals and jogging strollers may be arranged here for guests to take advantage of the Lady Bird Lake Hike and Bike Trail directly behind the Hotel. In addition, complimentary yoga classes are offered on weekends. The center's up-to-date cardiovascular equipment includes:

- Elliptical trainers
- Free weights
- Stationary bicycles
- Stair machines
- Treadmills
- Weight machines

**Pool**

Overlooking the surrounding lush parkland, guests can enjoy the warm Texas sunshine as they relax beside the Hotel's outdoor heated 50-ft. x 34-ft. (15-m x 10-m) pool. Cool drinks, snacks and lunch are served poolside on a seasonal basis.

**Jogging and Cycling**

The Lady Bird Lake Hike and Bike Trail is Austin's jewel, and is just outside the back door of the Hotel. The trail follows a course around the lake, with distance markings that make it easy to plan both short and longer distance excursions. Guests can enjoy the natural beauty of Lady Bird Lake by renting bikes through the fitness center.

**Weekend Activities**

Four Seasons Hotel Austin offers several complimentary seasonal programs for guests, including water aerobics and yoga.

**Off-Site****Recreation**

- Golf and tennis tournaments can be arranged at nearby public and semi-private facilities
- Rowing lessons and rentals are available on Lady Bird Lake
- Other water sports, including boating and waterskiing, can be pursued on Lake Travis.



THE LADY BIRD LAKE HIKE AND BIKE TRAIL